



MAP LEGEND

- TRAINING INNOVATIONS OFFICE
- Pay Parking - Meter
- Free Parking (2 hours)
- Pay Parking Lot - Enter at Lougheed Hwy (\$1.25 per 1/2 hour or \$11.25 per day)



Skytrain

- Take the Skytrain to the Gilmore station. Exit down the stairs and turn right. On the right hand side, you will see a large field with a gravel path that runs diagonally up to Lougheed Highway. Follow that path under the skytrain track to a small picnic area and into Lougheed Commerce Court. Alternatively, you can walk north on Gilmore Avenue, and turn right on Lougheed Highway (please note that there is no sidewalk on this side of Lougheed Highway).

Driving

- **EASTBOUND:** Take Broadway east until it becomes Lougheed Highway (at Boundary Road). Pass Gilmore Street and move into the right hand lane. Take the first exit into Lougheed Commerce Court on the right hand side (4180 Lougheed).
- **WESTBOUND:** Take Lougheed Highway west until you pass Willingdon. Turn left on Madison Avenue, then right on Dawson Street, then right on Gilmore Avenue, and right back on to Lougheed Highway. Move into the right hand lane. Take the first exit into Lougheed Commerce Court on the right hand side (4180 Lougheed).

Parking

- There is a pay parking lot at Lougheed Commerce Court. Visitors may park their vehicles in either the front or rear lot, but can only enter from Lougheed Highway. Please do not park in the stalls marked reserved. It costs \$1.25 to park for every 1/2 hour. The daily (6:00am to 6:00pm) flat rate is \$11.25. There is a parking meter located in each of the lots. The parking meters accept major credit cards and coins.
- Free two-hour parking is available along Madison Avenue and parts of Dawson Street. Particular sections along Dawson Street and Rosser Avenue have metered parking.